

## Session 1 – Introduction to Disability Integration

This session is designed to introduce your **whole team** (leadership and staff!) to the barriers that disability bias creates in our world and workplaces. Join me as we discuss themes of belonging and the power of integrating disabled and non-disabled humans (it's a two-way street!) at work. This session also details practical knowledge and steps around disability language, accommodations/adaptations, and self-advocacy. This session is interactive and designed to get your group thinking and asking questions.

This session is recommended as a 90-minute session but can be condensed into 60 minutes.

## Session 2 – How to Navigate Our Internal Process with Disability Integration

Now that we've covered the basics, let's dive into what it looks like to be a **leader** navigating both internal and external bias and cultivating belonging in an integrated workplace setting. Join me for an hour-long session exploring the ins and outs of creating a business culture committed to diversity and disability integration. We will discuss the hurdles, rewards, and work (physical, emotional, and mental) required to push against a culture that has historically pushed disabled humans out. Again, bring your questions and feedback! This will be an interactive session.

This session is recommended as a 60-minute session, but additional discussion time can be added on.

## Session 3 – Why We Need to Be Thinking BIGGER about Disability Employment

This session examines the areas of work and jobs that are typically offered to disabled humans, exploring the bias that beliefs that are employers are (consciously or subconsciously) using to keep employees with disabilities on the margins. Join me as we discuss what elements are needed for equal employment to truly exist/be offered, and the supports and resources that employers can use as they further integrate their work teams. Overviews of the ADA and other world wide disability policies will be reviewed and discussed.

This session is recommended as a 60-minute session, but additional discussion time can be added on.